



Claiming an Exemption – Quebec Health Insurance Plan Summer 2022 Semester	
Send your legal documents to the Registrar's Office.	<p>2 ways to proceed, depending on your situation:</p> <ul style="list-style-type: none"> <li>• Students admitted since Winter 2021 or later: in the Admission section of <a href="#">monPortail</a></li> <li>• Visiting students and students admitted before Winter 2021: By e-mail at <a href="mailto:immigration@reg.ulaval.ca">immigration@reg.ulaval.ca</a>.</li> </ul>
Make your course selection when the legal documents have been processed.	<p>2 ways to proceed :</p> <ul style="list-style-type: none"> <li>• In person at the program administration office</li> <li>• Online in <a href="#">monPortail</a></li> </ul>
Gather the required documents in digital format – No photo required	<ul style="list-style-type: none"> <li>• Certificat d'acceptation du Québec (CAQ) (not required if the study period in Canada lasts 6 months or less) – The CAQ confirmation letter is not accepted</li> <li>• Identification page of the passport</li> <li>• Reciprocal agreement form (see the list on the second page)</li> <li>• Certificate of enrolment full time at Université Laval available in <a href="#">monPortail</a> (except for exchange students holding the form SE-401-Q-106)</li> </ul>
Fill out the RAMQ online registration form, attach the requested documents and submit the form.	<ul style="list-style-type: none"> <li>• <a href="https://www.ramq.gouv.qc.ca/en/citizens/health-insurance/register">Register for the health insurance</a> (https://www.ramq.gouv.qc.ca/en/citizens/health-insurance/register)</li> <li>• <a href="#">Renew a Health Insurance Card</a></li> </ul> <p>Important: on your form, be sure to indicate a mailing address that you will still have access to in the coming weeks.</p>
Send the RAMQ registration confirmation to the Registrar's Office	<p>At the end of the process, a letter entitled <i>Confirmation de votre droit au régime d'assurance maladie du Québec</i> will be given to you.</p> <p>Transmission : by e-mail to <a href="mailto:assurances@reg.ulaval.ca">assurances@reg.ulaval.ca</a></p> <p>Deadline : May 31, 2022</p>



Country	Reciprocal Agreement Forms
France	SE-401-Q-102 / Program leading to a diploma SE-401-Q-104 / Mandatory unpaid training period SE-401-Q-106 / Student Exchange – Bi-diploma program – cotutelle program
Belgium	BE/QUE 128
Denmark	Denmark health card
Finland	SF-Q4
Greece	GR-QUE 6
Luxembourg	LUX-QUE4
Norway	Attestation issued by the HELFO (health administration) or by NAV (Norwegian national insurance scheme for abroad)
Portugal	POR/QUE 4
Sweden	Attestation issued by a competent institution certifying the student's right to healthcare coverage
Romania	ROU-QUE 106 / Students and trainees ROU-QUE 104 / Temporary worker